

Health & Exercise Science



Exercise Science/Kinesiology

Global Health

Health Science

Nursing

Nutrition and Food Science

Public Health

Spanish for Health

Sport and Leisure Studies

Interested in learning more about a different health care system or how culture plays a role in sport and exercise?

Study abroad exposes you to the social and cultural context of health, health care, and exercise science. This exposure can help you gain a greater understanding of how people's cultural or social background impacts their perspectives on health and well-being. ISA offers a range of programs with global health courses, allowing you to learn more both in and beyond the classroom.

If you need help finding specific courses that you need to take abroad, visit studiesabroad.com/course-finder and our expert advisors will be in touch with you with some program options!



GET HANDS-ON EXPERIENCE ABROAD

An international internship through ISA can help you stand out in the increasingly competitive job market. Available for a variety of majors, we offer full-time internships (in-person or online!) or add a part-time internship alongside your courses.

Discover internship opportunities available by visiting internships.studiesabroad.com.

COURSES IN ENGLISH UNLESS OTHERWISE NOTED

The following list and chart represent only a sampling of available ISA programs. To get more information on the programs shown, as well as information on all other program options, go to studiesabroad.com.

Health & Exercise Science

FEATURED PROGRAMS

ARGENTINA

Buenos Aires

Universidad de Belgrano

- This program combines a Medical Spanish course with a for-credit Practicum that allows students to shadow medical professionals on clinical rotations.

- Summer program
- **Courses:** Healthcare Practicum • Spanish for Health Professionals

COSTA RICA

San José

Universidad Veritas

- Open to students at all levels of Spanish, this program is an excellent option for those who want to advance their Spanish proficiency while also fulfilling health science credit
- This program has been designed for students with a strong interest in global health and inclusivity in health care.

- Semester and Summer programs
- ISA Service-Learning and Veritas Christian Study Abroad available
- **Sample Courses:** Holistic Health Approaches • Physical Therapy and Rehab Exercises for Common Sports Injuries • Costa Rican Healthcare and Tropical Medicine

ENGLAND

London

King's College London (KCL)

- With courses focusing on science, global health, and social medicine, King's College London offers students an excellent opportunity to study health science in the heart of London.

- Summer program
- **Sample Courses:** Drug Discovery • Human Anatomy & Physiology • Global Health & Social Justice

Kingston University

- Kingston offers health science courses to visiting students in the following areas: biomedical sciences, human biology, medical biology, nutrition, pharmacology, and sports science and coaching

- Semester program
- **Sample Courses:** Human Physiology • The Science and Practice of Coaching • Food and Nutrition 2 – Applied Nutrition

IRELAND

Limerick

University of Limerick

- The Health Sciences & Nursing program at the University of Limerick (UL) offers a comprehensive introduction to Healthcare, Nursing, Physical Education, and Sports Science

- Semester and Summer programs
- ISA Service-Learning available
- **Sample Courses:** Intellectual Disability Adult Nursing • Discovering Self as a Healthcare Practitioner • Physiology of Muscle in Movement

ITALY

Rome

Università Cattolica del Sacro Cuore, Rome Campus (UCSC)

- Campus has sports facilities (with soccer field, volleyball, tennis, and basketball courts), and a gymnasium

- Summer program
- **Sample Courses:** Global Health and Epidemiology • Health Policy and Management for Universal Coverage

PERU

Lima

Universidad Peruana Cayetano Heredia (UPCH)

- The UPCH specializes in Medicine, Dentistry, Natural Sciences, Public Health, Veterinary, Nursing, Psychology, and Education
- ISA students in this program partake in field work in the health sector in addition to their studies

- Summer program
- **Sample Courses:** Medical Spanish (taught in Spanish) • Community Medicine Service Learning (taught in Spanish) • Global & Public Health (taught in English)

SPAIN

Salamanca

Universidad de Salamanca

- Pursue coursework in health communication, bioethics, and human biology while advancing your studies of the Spanish language
- Health and science courses are instructed primarily in English with some options in Spanish

- Semester program (Health & Medical Sciences program is offered only in the fall)
- ISA Service-Learning available
- **Sample Courses:** Molecular and Cellular Bases of Disease • Human Genetics • Bioethics • Health Communication

Valencia

Universidad Católica de Valencia

- Valencia, the "City of Running," offers a long riverside park with a specialized 5K route in Turia Gardens
- Host university internship and service-learning opportunities available

- Semester program
- Veritas Christian Study Abroad option available
- **Sample Courses:** Human Anatomy • Nutrition and Dietetics • Healthcare Ethics

THE NETHERLANDS

Amsterdam

Vrije Universiteit Amsterdam (VUA)

- One of the top research universities in the Netherlands
- VUA encourages a student-centered teaching style where you will be given opportunities engage with the subject matter through creative and critical thinking

- Semester and Summer programs
- **Sample Courses:** Stress and Health • Clinical Trials and Health Care • Global Health

FIND YOUR PROGRAM

Country	City	Host Institution	Exercise Science/ Kinesiology	Global Health	Health Science	Nursing	Nutrition and Food Science	Public Health	Spanish for Health	Sport and Leisure Studies	Service-Learning	Veritas Christian Study Abroad
Argentina	Buenos Aires	Universidad de Belgrano							X			
Chile	Valparaíso & Viña del Mar	Pontificia Universidad Católica de Valparaíso							X		X	X
Costa Rica	San José	Universidad Veritas	X	X	X		X	X	X		X	X
England	London	King's College London (summer only)			X			X				
England	London	Kingston University	X		X		X			X		
England	London	Queen Mary, University of London		X	X			X				
England	London	University of Roehampton	X		X		X			X		X
England	Reading	University of Reading					X					
France	Lille	Université Catholique de Lille (summer only)						X				
Ireland	Dublin	Trinity College Dublin			X	X						
Ireland	Dublin	University College Dublin	X	X	X	X	X	X		X		
Ireland	Limerick	University of Limerick			X	X	X			X	X	
Italy	Florence	Florence University of the Arts - The American University of Florence					X					
Italy	Rome	Università Cattolica del Sacro Cuore, Rome Campus		X	X			X				
Peru	Lima	Universidad Peruana Cayetano Heredia		X	X			X	X			
Scotland	Stirling	University of Stirling								X		
South Africa	Port Elizabeth	Nelson Mandela University	X		X	X	X	X				
Spain	Bilbao	Universidad de Deusto							X			
Spain	Granada	Universidad de Granada			X						X	
Spain	Salamanca	Universidad de Salamanca			X				X		X	
Spain	Seville	ISA Seville Study Center					X		X			X
Spain	Seville	Universidad Pablo de Olavide			X				X			X
Spain	Valencia	Universidad Católica de Valencia	X		X	X	X					X
The Netherlands	Amsterdam	Vrije Universiteit Amsterdam		X	X			X				

NOTE: COURSE AVAILABILITIES NOTED ABOVE ARE PRIMARILY IN ENGLISH. MORE COURSES IN THE LOCAL LANGUAGE MAY BE AVAILABLE



THE WORLD AWAITS

If you're interested in studying abroad in Asia Pacific, check out the offerings from our sister company, TEAN, at teanabroad.org.

Visit studiesabroad.com for information about additional locations and programs or to start your application.

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